

The Growth Farmer

D. GRANT SMITH

**Planting & Cultivating Love In Your
Mind & Heart Garden To Become
Your Best Self**

BE Solid - Keynote

Personal loss & heartbreak is crushing. But it can also be like a refining fire that purges out unhealthy things from your life to produce your best self. Using personal storytelling & powerful metaphors, experience the difference in shifting your mindset for healing & transformation.

How To Growth Farm For Personal & Professional Success

Your heart & mind are like gardens. What you plant inside yourself (thoughts, attitudes, actions) is what your life produces & how others respond to you. Gain the tools, methods, & practices to enrich your life for peace, confidence, & stronger relationships.

D Grant Smith is a well-oiled machine when it comes to motivational speaking. He is an inspiration to anyone who aspires to grow.

Bird Thomas, Hendrick Home for Children

**When you love
yourself in the
right ways, you
gain these
benefits:**



- Healthier personal & professional relationships
- Stronger leadership skills
- Higher confidence and inner peace
- Connected and committed team members

After experiencing success and overcoming lifelong fears, I wrestled with my biggest challenge: heartbreak. Heartbreak is a human struggle and it has serious casualties. Many people give up and take on dysfunctional patterns to cope. After my divorce, I chose a different route and learned self-love & self-care are the keys to healing the hurt and transforming yourself into the best version of you. My work, speaking, books, coaching & life are all about helping others lean into their trials & challenges to overcome their own struggles and live their best life.

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